

## Equal Opportunities Workshop: How to become a professor! Planning and optimizing your academic career



### Why does it matter?

A successful academic career requires thorough planning. This workshop is tailored for doctoral candidates in the advanced phase (R1) and Post-docs in the early phase (approx. 1st-4th postdoc year, R2).

### Content and impact

The aim of the seminar is, on the one hand, to provide you with a framework for reflecting on your own professional motives. On the other hand, the seminar offers knowledge, background and orientation for planning and developing the next steps towards a long-term academic career.

- Long-term career options within the academic job market
- Requirements and criteria to be met for this career path
- Tasks and their importance at a particular stage, priorities
- Importance of the habilitation
- Appropriate time frame
- Central requirements (also beyond publications and third-party funding) and milestones for an academic career
- Concrete tips and advice on both the weighting of these requirements and on strategic considerations during the postdoc phase on the path to a professorship

Building on this, the seminar offers you the opportunity to take stock and reflect on your own academic profile and ideally derive the next important steps from this.

### Coach

Dieta Kuchenbrandt holds a diploma in Psychology. As a coach and trainer she offers seminars throughout Germany, Austria and Switzerland for universities, graduate schools, mentoring programs, non-university research institutions and other institutions. She also works with scientists in individual consultations and coachings.

<https://schainundkuchenbrandt.com/en>

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### When and Where

Online-workshop

25 + 26 November 2025

10:00 – 14:00

Gefördert durch